# DIABETES

**Ensure Safety for Self and Others** 

Dial Triple Zero (000) for an Ambulance

Make comfortable.

If the casualty can safely swallow, give high-energy foods,

sugar, honey or a glucose tablet.

### If the person is able to swallow:

#### **Onset Symptoms:**

Is able to swallow

Sweating, pallor

Rapid pulse

Trembling, shaking, weakness

Hunger

Light headed, dizzy

Headache

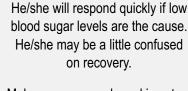
Lack of concentration

Mood changes









Make sure a normal meal is eaten.

### If the person is unable to swallow:

## **Emergency Symptoms:**

Unable to swallow

Loss of coordination

Can't follow instructions

Slurred speech

Fitting/seizure

Unresponsive

Unconscious



# If drowsy, unable to swallow or unconscious IT IS AN EMERGENCY

#### **DIAL 000 IMMEDIATELY**

Say "Diabetic Emergency" and follow instructions.

Do not allow to eat or drink.

Wait with them until the ambulance arrives.

If family member or carer is trained to do so, as required:

Use a blood glucometer

Use a GlucaGen ® HypoKit ® glucagon injection