INFECTION CONTROL

Ensure Safety for Self and Others

Dial Triple Zero (000) for an Ambulance

IN GENERAL

Wash your hands regularly, before eating, before food preparation, after toilet use

Immunisation - many diseases are preventable Practice hygienic food handling and preparation techniques Avoid sharing food, drinks, and personal items

Wipe away blood and spills
Clean and disinfect
Safely dispose of left over food
and other waste

Avoid transmitting infections and contact with body fluids

These methods are STANDARD PRECAUTIONS

Which are safe practices to be applied for all first aid, regardless of a casualty's infectious status.

HOW TO MINIMISE THE RISK OF EXPOSURE AND CONTAMINATION

HAZARD = EXPOSURE

Airborne - sneezing and coughing Direct contact - body fluids or contaminated items.

RISK = CONTAMINATION

Being infected by a disease. Passing on a disease.

FOR FIRST AID

Wash hands with soap and water or apply an alcohol-based hand rub.

Use and wear Personal
Protective Equipment (PPE):
i.e. disposable gloves for all first
aid; masks for CPR; eye
protection and plastic aprons to
protect from splashing.

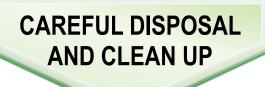
Remove PPE carefully.

Dispose of PPE, used dressings, bandages and infectious waste in an appropriate bin or container.

Wash your hands thoroughly with soap and water.



WASH HANDS



WASH HANDS



Reduce exposure.



Wash your hands.



Use hand rub gel.



Use gloves.



Use CPR mask.



Safe disposal.